

Renton Rowing Center: Swim & Float Test
This form is valid for 5 years from date completed

Name of Participant: _____

All prospective rowing participants must pass a Swim / Float test prior to using any equipment provided by the Renton Rowing Center or participating in any Renton Rowing Center programs.

The Swim / Float test consists of keeping afloat for ten minutes without touching the sides or bottom of the pool, and without receiving assistance of any kind from an object or another person. You must also be wearing long pants and a long sleeve shirt while undergoing this test.

OFFICIAL POOL USE ONLY

The certified Lifeguard or Water Safety Instructor (WSI) conducting swim/float test must complete the information below:

I, _____ am a certified lifeguard / water safety instructor at the _____ pool do hereby certify that _____ remained afloat under his / her / their own power for ten minutes without touching the sides or bottom of the pool, and without receiving assistance of any kind from any object or person.

Date: _____

Signature: _____